

# **MURALIDHAR GIRLS' COLLEGE**



## **NATIONAL SERVICE SCHEME (NSS)**



### **Annual Report 2015-16 (Unit 1)**

National Service Scheme (NSS), under the Ministry of Youth Affairs & Sports Govt. of India, was launched in Mahatma Gandhi's Birth Centenary Year 1969. 37 Universities are involved with 40,000 students, where primary focus is on the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers, spread over 298 Universities and 42 (10+2) Senior Secondary Councils and Directorate of Vocational Education all over the country. Since inception, more than 3.75 crores students from Universities, Colleges and Institutions of higher learning have benefited from the NSS activities, as student volunteers.

With hard work, dedication, dynamic leadership, and best wishes from our stakeholders from all sections, Muralidhar Girls' College is trying its best to perform in the field of education, especially women education and empowerment. We strongly believe that a student must feel for her surrounding community, where she can extend her social services and spread the light of education. Education and Economic Power should be shared with her society where she has to survive for future. In line with this thought process NSS Units (I & II) of the College, has executed a year-long (2015-2106) well organised schedule. A glimpse of the yearlong activities is mentioned below.

Since there are two units in the college the NSS volunteers of both the units sometimes participate together in NSS activities and sometimes the volunteers engage in unit wise activities.

**GANGA BACHAO** (16<sup>th</sup> & 17<sup>th</sup> October 2015)



The objective of this Campaign was to make the Local Puja Committee officials, like Ballygunge Cultural, Samajsebi, Singhi-Park etc. aware of the wrong practices exercised by several Puja-Committees during Durga Puja festival. The volunteers went through the information available through internet on the topic, selected significant data, issues and images. The selected materials were given shape in the posters made by them. On the days of the campaign all NSS volunteers, programme officer, other teachers and most importantly our principal went to the puja pandals for this campaign. Overwhelming response was evident from local residences when NSS volunteers

explained the cause & effect of using prohibited colours on the idols, throwing plastic materials in our life-line Ganga River.

### **World AIDS Day (1<sup>st</sup> December, 2015)**

NSS officers attended meeting at Swastha Bhawan, Government of West Bengal with NSS volunteers and other students of the College. Minister-In-Charge, Health with other eminent Doctors and dignitaries were present in the occasion. Students came to know in detail, about the causes and cures of AIDS. This knowledge is to be shared through various campaigns in different localities, especially in Red-Light areas and Slums.

### **Celebration of SWAMI VIVEKANANDA's BIRTHDAY**

(12<sup>th</sup> January 2016)

NSS volunteers joined rally organised by the Calcutta. Life of Swami Vivekananda, his timeless thought, comments, achievements of Swamiji were discussed during the Walk.

### **One Day Seminar on Social Relevance of NSS programme**

(19<sup>th</sup> February)

Two eminent speakers were invited. **Mrs. Bela Bose**, former professor of English Department, Calcutta University and also a renowned social worker of Kolkata and President of "Ekatma" and **Dr. Malyashri Bhattacharya** former Professor, Department of Botany of Muralidhar Girls' College. Both the speakers delivered valuable speech on the topic. Students also interacted with the speaker after the lecture. Both of the speakers are associated with the NSS Units, Calcutta University from its inception.

## Awareness Programme on Breast Cancer (22.01.16)



The NSS units in this college organised an awareness programme on breast cancer on 22.01.16 in collaboration with **SANJEEVANI** (south Kolkata). Most of the teaching faculties in this college are women. Teachers of all departments were requested to attend the awareness programme along with their students. Along with the volunteers of **SANJEEVANI**, Dr Anil Kumar Mandal, Ex-Clinical Assistant in the Department of Obstetrics at Mayday Hospital, England and Retired Medical Practitioner visited our institution to share his research experience of last 38 years on breast cancer.



The programme had three segments – in the first part a documentary film was shown on the day's theme, which was directed by Dr A. Mandal himself. In the second part a power point presentation was shown by the volunteers of **SANJEEVANI**. In the third part of the programme an interaction session was conducted by Dr. Mandal, when he answered different queries of the students and teachers regarding breast cancer.

### EYE CAMP - NSS UNITS:



To provide eye health services to the population in remote, urban and underserved areas of developing countries, eye camp is a highly desirable and accepted strategy. A regular eye test is the best way to protect our eyesight and an easy precaution to be taken to protect our eyes. We all know many sight-threatening diseases can be cured or slowed if caught early enough. A free eye camp was organized for the whole day in the college itself by Currae Eye Care Hospital, Kolkata on 30.01.16.



On this occasion a group of Eye Specialists from Currae Eye Care Hospital counseled the participants on eye care by manual eye examination. As per today's working environment, of the ever-increasing expectations for efficiency and performance, good vision is critical to ensure the ability to produce good results so specialists informed the students about the importance of regular eye check up

and gave some tips on caring for and protecting their eyes. They also advised the participants about the special care to be taken while spending long hours in front of computers. The camp witnessed sincere participation of almost hundred students and faculty members.

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#### **Women's Day Awareness programme by NSS volunteers (07.03.16)**

The NSS volunteers used a questionnaire to find out the awareness of students, teachers and also local people of different ages regarding the significance of women's day, their rights, duties etc. It was found

some men were aware of the day while some ladies were completely unaware of the relevance of the day.

NSS Units of Muralidhar Girls' College, under able leadership of Dr. Minati Saha, Programme Officer of unit 1 is committed to achieve social empowerment of women along with core academic activities. Some activities like visiting the slum, serving in the municipal corporation school of the slum, helping the pre primary children to read, write, recite, draw etc. are conducted all through the year under supervision of the programme officers.

THANK YOU FOR YOUR PATIENT READING

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